

**CATHOLIC SCHOOLS ACTIVITIES LEAGUE TRACK
ORDER OF RUNNING EVENTS**

Running events begin at 9:00 a.m.

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| Girls 75M Hurdles | 6th |
| Boys 75M Hurdles | 6th |
| Girls 100M Hurdles | 7 th /8 th |
| Boys 110M Hurdles | 7 th /8 th |
| Girls 1600M Run | 6th/7th/8th |
| Boys 1600M Run | 6th/7th/8th |
| Girls 100M Dash | 6th/7th/8th |
| Boys 100M Dash | 6th/7th/8th |
| Girls 400M Relay | 6th/7th/8th |
| Boys 400M Relay | 6th/7th/8th |
| Girls 400M Run | 6th/7th/8th |
| Boys 400M Run | 6th/7th/8th |
| Girls 800M Relay | 6th/7th/8th |
| Boys 800M Relay | 6th/7th/8th |
| Girls 800M Run | 6th/7th/8th |
| Boys 800M Run | 6th/7th/8th |
| COED Team Relay (Final League Meet Only) | 6th/7th/8th |
| Girls 75M Dash | 6th |
| Boys 75M Dash | 6th |
| Girls 200M Dash | 6th/7th/8th |
| Boys 200M Dash | 6th/7th/8th |
| Girls 800M Long Medley Relay | 6th/7th/8th |
| Boys 800M Long Medley Relay | 6th/7th/8th |
| Girls Short Medley Relay | 6th |
| Boys Short Medley Relay | 6th |

75M Hurdles – Start 1st hurdle is 13M, between hurdles is 8.5M, last hurdle to finish line is 11M

110M Hurdles – Start 1st hurdle is 13.716M, between hurdles is 9.144M, last hurdle to finish line is 13.988M.

Team Relay – 2 boys, 2 girls, any order 400M, each leg = 100M

Long Medley Relay 800M – Legs = 100M, 100M, 200M, 400M

Short Medley Relay 400M – Legs = 50M, 50M, 100M, 200M

CATHOLIC SCHOOLS ACTIVITIES LEAGUE TRACK ORDER OF FIELD EVENTS

Most of the events will begin at 9:00 a.m, with the exception of high jump at 8:30.

Field events run simultaneously while running events are occurring. All field events participants should check in with the event official. Athletes participating in field events must listen for the announcement for their running event.

If an athlete is scheduled for a running event and is called for their field event at the same time, he/she is to let the field event official know that he must go to a running event, and then come back and finish their throwing or jumping. The running events schedule takes priority over the field events schedule.

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| DISCUS | 6 th Boys 7 th Girls 8 th Boys 6 th Girls 7 th Boys 8 th Girls |
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| SHOT PUT | 6 th Girls 7 th Boys 8 th Girls 8 th Boys 7 th Girls 6 th Boys |
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| HIGH JUMP | 6 th Girls 7 th Girls 6 th Boys 7 th Boys 8 th Girls 8 th Boys |
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| LONG JUMP | 6 th Boys 7 th Boys 6 th Girls 8 th Boys 7 th Girls 8 th Girls |
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| Split Long Jump Pits – West | 8 th Boys 7 th Boys 6 th Boys |
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| Pole Vault | 7 th Boys 8 th Boys 7 th Girls 8 th Girls 6 th Boys 6 th Girls |
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| Split Long Jump Pits – East | 8 th Girls 6 th Girls 7 th Girls |
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